



Coco CASA Newsletter

October/November 2025



Table of Contents

- [Program Review, Stats, & Updates](#)
- [Spotlight](#)
- [CCFK Corner](#)
- [Calendar: CASA & Community Events](#)
- [Training Opportunities](#)
- [Services/Resources](#)
- [Staff Contacts](#)



CASA

Court Appointed Special Advocates
FOR CHILDREN

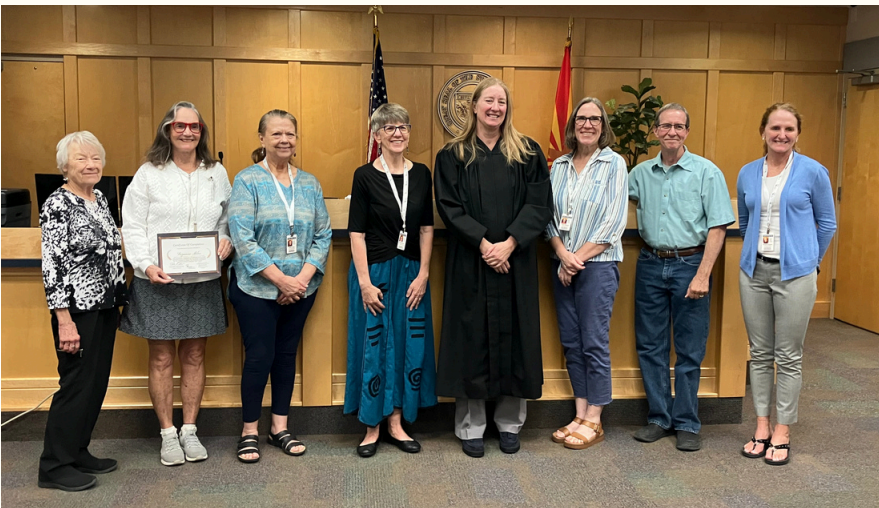
CASA OF COCONINO COUNTY



Program Review, Stats. & Updates

Program Review from August and September:

- We had a great time at the Senior Coffee Hour at the library in August presenting about CASA – thanks to all those who came!
- We had a Court Report Writing training in August – let us know if you missed it and want the recording.
- We tabled at the first home NAU football game of the season, and have a second CASA Appreciation Game coming up!
- We had a training on Safe Babies Court from Jessika – let us know if you missed it and want the recording.
- We had a wonderful Swearing In Ceremony for some of our newer CASA volunteers – thanks to all those who came!



Program Stats:

We are sitting at 35 CASA Volunteers, and 128 children with an open dependency case. That means only 1 in 3.5 kiddos have a CASA volunteer assigned right now (36 kids with a CASA total).

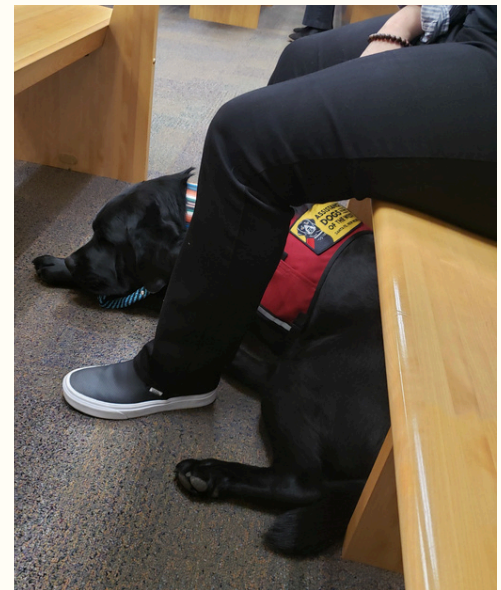
Get out there and recruit your friends!

Program Updates:

We will be losing Fran Randall, one of our CASA Admins; we will miss her! Thanks for all you did for us, Fran!

We also are devastated to share that we lost Franklin, our courthouse dog. He was not feeling well, and when Nicole took him to the vet, he was diagnosed with a very aggressive form of cancer; he passed away within a few days. We will miss you Franklin!

We'll miss you, Franklin!



Birthdays

Kathleen Mackie - October 1st
Julie Underwood - October 6th
Emma Hudspeth - October 16th
Jean Nagurney - October 16th
Susan Gravelin - November 9th
Sally Ruhland - November 15th
Jeanita Gerety - November 18th

CASA-versaries

Kathryn Cooney - October 2nd
Suzanne Miles - October 16th
Karen Getto - October 30th
Lori Edwards - November 3rd
Jane Tynes - November 9th

- celebrate -

Spotlight: Kim Abrew

Q: Why did you become a CASA?

A: For a long time I have donated to Coconino CASA for Kids to pay my AZ tax liability and I was curious as to exactly what they did. So that's the initial reason, I was just nosey!

Q: How long have you been a CASA?

A: One year.

Q: What surprised you about doing CASA work?

A: The number of resources that are available. It's overwhelming.

Q: Why do you stay a CASA?

A: I enjoy working with people and learning new things. I had never had any experience with the court system, adoption, etc. I find it fascinating.

Q: Any advice for new CASA volunteers?

A: Being that I am relatively new myself, I would probably say attend all the training that you can. If you have an infant, the Safe Babies training was really good. I would have liked to have had the training prior to attending the Family Team Meeting. Also, the court report training is good. Lastly, don't worry there are many people who are here to help you navigate the process.

Q: Since this is the Oct/Nov newsletter, what is your favorite Thanksgiving food?

A: Thanksgiving is my FAVORITE meal, so I love everything!



Kim with her Great Dane, Peanut:



CCFK Corner

If you see a need in the families you're serving, or your kiddo expresses a want, you can request a grant from CCFK to pay for that! The grant application is on their website: <https://coconinocasaforkids.org/>.

Additionally, CCFK is gearing up for this year's Giving Tree! CCFK wants to make sure that kids in care have a great holiday experience!

If you want to get a list from your assigned kids of their Christmas wishes, get those lists to CCFK – I have copied the form on the next page, and you can email that to Carrie Derr at carriederr@msn.com by Oct 26th.



If you have additional financial needs, you can also request grants from:

- The Foster Alliance – <https://thefosteralliance.org/>
 - We'll be receiving a training from one of their representatives in Feb 2026 on what services they provide and how you can utilize them and request grants!
- Arizona Friends of Foster Children Foundation – <https://www.affcf.org/ways-we-help/childhood-activities/>

Coconino CASA for Kids, Inc.
Giving Tree 2025

Coconino CASA for Kids. is gathering gifts for the holidays for dependent children and youth. If you have a case, please complete this form and let the DCS case manager know that you are handling this. Community members, organizations and businesses will supply the gifts. You will be able to pick up the unwrapped gifts and provide them to the children you are working with. It is a joy to provide these children with something special over the holidays and you have an opportunity to see that it happens.

Please get a wish list for 2 or 3 items from each child on your case by talking with the child and placement. The total dollar amount per child is \$75-\$100 which excludes most electronics. Please give adequate detail for each gift on the form so it is clear what is being requested. If a clothing item is on the wish list, please gather size information. (No fitted shoes, but snow boots are acceptable). Please complete one form per child. Names will be kept confidential in any information that goes out to the public, but full names should be listed here. The gifts will be available for you to pick up on December 4th and 5th. Specific details regarding pick up will be provided at a later date.

Please return this form to Carrie Derr at carriederr@msn.com no later than October 26th.
Thank you!

CASA Name: _____

Best Contact for CASA: _____

Child's Name: _____

Child's Gender: _____

Child's Age: _____

Child's Clothing/Boot Size (if needed): _____

Child's Favorite Color: _____

Child's Wish List:

1. _____

2. _____

3. _____

Feel free to contact Carrie Derr @ 623-910-5006 if you have questions.

Calendar

Upcoming Events

- **Sat, Oct 4th at 2pm** – NAU CASA Appreciation Football game – if you've RSVPed to Kate, NAU will cover the cost of your ticket. Wear your CASA baseball hats!
- **Tue, Oct 7th at 1pm** – CASA Training – Victim Witness with Debbie – CCJC Multipurpose Room
- **Thur, Oct 23rd at 3pm** – CASA Small Group – CCJC Multipurpose Room
- **Thur, Nov 6th at 3pm** – CASA Book Club – Maid by Stephanie Land – CCJC Multipurpose Room
- **Thur, Nov 13th at 3:30pm** – CASA Training – Family Treatment Court with Sandy and Amanda – CCJC Multipurpose Room
- **Tue, Nov 18th at 3:30pm** – CASA Small Group – CCJC Multipurpose Room

Other Activities in the Community

Bowling at Starlite Lanes – one of our CASA volunteers, Karen Getto, has gotten us a special deal at the bowling alley! Monday through Friday, you can take your CASA child and they can bowl for free, and no charge for shoes either! Karen would just need advance notice from you to make sure a lane is available. To clarify, this is just for CASAs and your CASA kids, not foster families and their kids.

I've attached some flyers for additional community activities on the next several pages.

Children of Incarcerated Parents Day at the Park

Join us for a fun and supportive day for children and families affected by incarceration

EVERYONE WELCOME!

FREE ACTIVITIES!

FREE RESOURCES!

October 4, 2025

10 am to 1pm

Bushmaster Park

3150 N Alta Vista Dr, Flagstaff

(East Ramada)

Celebrating strength, hope, and community.

hope
Receiving Center

COCONINO
COUNTY ARIZONA
PARKS & RECREATION

COURT JUDICIAL
CLERK
CJCC
JUDICIAL CLERK

CITY OF FLAGSTAFF
PROSE
PARKS, RECREATION,
OPEN SPACE & EVENTS

COCONINO COUNTY
ATTORNEY'S OFFICE

COCONINO
COUNTY ARIZONA
Health & Human Services

arizona trail
gear girls

BOYS & GIRLS CLUB
OF FLAGSTAFF



NACA
NATIVE AMERICANS
FOR COMMUNITY ACTION

Big Brothers
Big Sisters.
OF FLAGSTAFF

CHILD & FAMILY
SUPPORT SERVICES

Questions? Sandra Quintanilla 928-226-5434 squintanilla@courts.az.gov

COF / Indigenous Commission presents
INDIGENOUS PEOPLES DAY CELEBRATION

From Policy to Prosperity:
Indigenous Leadership in a Changing Landscape



SAVE THE DATE



Keynote:

Doreen Garlid, Diné
Vice-Mayor, City of Tempe

OCTOBER 13, 2025

9:00 AM – 2:00 PM (AZ TIME)

Flagstaff Elks Lodge
2101 N. San Francisco St.
Flagstaff, AZ 86001



For More Info: Rose.Toehe@flagstaffaz.gov



WESTERN NAVAJO

Fair

KID'S DAY

TUBA CITY FAIRGROUNDS

OCTOBER 16, 2025



8:00AM-2:00PM
TUBA CITY FAIR GROUNDS

**FREE ADMISSION | JOIN US FOR LOTS OF FUN!
FUN YOUTH ACTIVITIES | FRUIT SCRAMBLE | KARAOKE
EDUCATION AND INFORMATIONAL BOOTHS FOR YOUTH**



FROM MORE INFORMATION CONTACT TUBA CITY DINE YOUTH: 928-283-3021
WWW.WESTERNNAVAJOFAIR.ORG

FALL 2025 

STORYTIMES

AT THE FLAGSTAFF DOWNTOWN LIBRARY



BOUNCING BABIES

Sept. 8- Nov. 10

Mondays

@ 9:15 am

Come play together with interactive songs, fingerplays, knee bounces, stories, rhymes, and babies abound!

TODDLER TALES

Sept. 9 - Nov. 12

Tuesdays & Wednesdays

@ 9:15 am

Toddle about, get those wiggles out, and engage with storytelling through books, songs, and games!



PRESCHOOL EXPRESS

Sept. 9 - Nov. 12

Tuesdays & Wednesdays

@10:00 am

Surprises galore are in store when we get together for stories, songs and games.



SATURDAY STORY STOP

Year-round

@ 10:30 am

Come to a fun-filled morning of storytime for ALL ages.





FALL 2025

MAKERS' LAB

Join us to design,
build, and make at the
library!

TUESDAYS

September 16th & 30th

October 14th & 28th

3:45 - 4:45 PM

AGES 3+

Downtown Library



Flagstaff City-Coconino County Public Library
300 W Aspen Avenue * Flagstaff, AZ 86001
928-213-2381 www.flagstaffpubliclibrary.org



To request a reasonable
accommodation for any type of
disability, please call 928-213-2331. Three
days prior notice is requested.

**FALL
2025**

LEGO BUILDERS



Mondays 3:45-4:45 pm

September 8th

September 22nd

October 6th

October 20th

November 10th

Ages 5 +

FLAGSTAFF DOWNTOWN LIBRARY

**FALL
2025**



draw, collaborate,
write, & create your
own comics!

*beginners welcome!!!

COMIC CREATION

AGES 8-12



THURSDAYS @ 3:45 - 4:45PM
SEPTEMBER 18TH
OCTOBER 16TH
NOVEMBER 13TH



FLAGSTAFF DOWNTOWN LIBRARY

BARDS & NOBLES



Fall
2025

Ages
12-18

Dungeons & Dragons for Teens

Wednesdays 3:30-6pm

Weekly

Campaign A & Campaign B

Downtown Public Library



Crafts and Canines

Ages 12-17

for teens!

2025



Wednesdays

[September 17 & October 22]

Join us at the East Flagstaff Community Library for a relaxing afternoon of crafting with therapy dogs!



Sept. 17
Keychains with
Darla & Lucy



Oct. 22
Painting with
Milo & Charlie



Family Storytime 2025



in the community room at the
East Flagstaff Community Library

Wednesdays @ 10AM

September 10 - October 22

*No storytime 9/24 due to the
Festival of Science



Training Opportunities

As a reminder, once you are a certified CASA, you have to obtain 12 hours of continuing education throughout the year. Here are some options to achieve that: (plus fliers for a few more on the following pages)

- Reading this newsletter! (It counts for 30 minutes.)
- Attend in person trainings with Kate.
- Attend CASA Book Club (30 mins for 50 pgs, max 3 hrs per book.)
- Webinars on the state LMS, including:
 - Reasonable and Active Efforts 101 (this is a mandatory training, if you have not taken it yet, please do!)
 - The Dependency Process & the role of FCRB & CASA Volunteers

Remember Kate is doing office hours! You can come in any Wednesday from 3-5pm with any questions you have!

Culture Moment

We know that Halloween, Thanksgiving, and even Christmas are fast approaching! But what other religious and cultural celebrations are coming up that you might not know about? If your assigned CASA child comes from a different cultural background than you, they might be celebrating different holidays than you, but you can learn about them!

- Yom Kippur – Oct 1st and 2nd – Jewish Holiest Day of the Year
- Hispanic Heritage Month – Sep 15th – Oct 15th
- Indigenous Peoples' Day – Oct 13th
- Diwali – Oct 20th – Hindu Festival of Lights
- National American Indian and Alaskan Native Heritage Month – November all month
- Navajo Nation Family Day – Nov 28th – Celebration of family bonds
- Hanukkah – Dec 15th – Dec 22nd – Jewish festival
- Kwanzaa – Dec 26th – Jan 1st – African-American festival

VOICES UNHEARD: BREAKING THE SILENCE

A community gathering for prevention,
strength, and healing.

Save the Date

October 22, 2025

8:30am - 3:30pm AZ time

Coconino Center for the Arts

Registration Coming Soon!!

Beautiful Lineup
of Speakers

Featuring Keynote:
Lynnette GreyBull,
Not Our Native Daughters

Preceded by 2 Film Screenings

Hulu Doc: "***The Shapeshifting Defense***" and
Documentary: "***She Cried That Day***"

Oct 20 and Oct 21 starting at 5:30pm AZ

The filmmakers will be present - not to be missed.



Lynnette GreyBull

Founder/Executive Director -
Hunkphapha Lakhóta/Northern
Arapaho, is a Subject-Matter-
Expert on Indigenous Issues,
MMIW, Human Trafficking of
Indigenous People, Policy
Reform, Lobbyist, Traditional
Knowledge Sharer Advocate. She
is also a Community Organizer,
Indigenous Youth Leader,
restorative healing circle
facilitator and Environmental
Justice Change Maker.



Coconino Coalition for
Children & Youth
CONNECT. INSPIRE. ENGAGE. ACT

Are you caring for a child with trauma in their story? Whose behavior might reflects the trauma of their past?

If you would like to learn more about how healing can take place thru Trust Based Relational Intervention (TBRI) - we would invite you to join us for an upcoming TBRI 101.

✏️ October 29 at @christchurchofflagstaff in flagstaff register here: Flagstaff link: https://us-west-2.protection.sophos.com?d=ccbchurch.com&u=aHR0cHM6Ly9hcml6b25hMTI3LmNjYmNodXJjaC5jb20vZ290by9mb3Jtcy82ODYvcmVzcG9uc2VzL25ldw==&i=NjU5YWU2OGNiZWVjNTcwNGM5MjQ4NjQ0&t=SkpGVG5UbjQ0QlFqL2hXc0F2WStTUFZtY0RNYzILSCtpSTA2SGJsdlhabz0=&h=122794ab3a2647519472e4cc79b3c87f&s=AVNPUEhUT0NFTkNSWVBUSVbPGbm_bgZ-bydt0rCFsoloNHzsCrmRu_mBzE6aV8MD6g

💡 TBRI is an evidence-based intervention designed to meet the complex needs of children from hard places.

A dark blue poster for TBRI 101. At the top, "TBRI 101" is written in large white letters with a registered trademark symbol. Below it, in orange, is "AN INTRODUCTION TO TRUST-BASED RELATIONAL INTERVENTION (TBRI)". The dates and locations are listed in white: "September 26, 2025 | 6-9pm | Heights Church | Prescott, AZ." and "October 29, 2025 | 5:30 - 8:30 pm | Christ's Church of Flagstaff | Flagstaff, AZ". At the bottom left is an orange silhouette of Arizona with "AZ" in white and "1.27" in blue. At the bottom are three white rounded rectangles containing registration information: "REGISTER | LINK IN BIO", "\$10 INDIVIDUAL | \$15 COUPLE", and "QUESTIONS? MELISSA@AZ127.ORG".

TBRI[®] 101

AN INTRODUCTION TO TRUST-BASED RELATIONAL INTERVENTION (TBRI)

September 26, 2025 | 6-9pm | Heights Church | Prescott, AZ.

October 29, 2025 | 5:30 - 8:30 pm | Christ's Church of Flagstaff | Flagstaff, AZ

AZ 1.27

REGISTER | LINK IN BIO

\$10 INDIVIDUAL | \$15 COUPLE

QUESTIONS?
MELISSA@AZ127.ORG

You can request a grant to cover the fee if you want to attend this training.

Creating Trauma Informed Service Systems: Courts, DCS, and Beyond



A 1-day conference focused on integrating trauma informed principles into the services and supports offered to adults involved with DCS. The conference will incorporate voices with lived experience, encourage meaningful conversation and identify strategies for system improvement.

WHO SHOULD ATTEND:

DCS, Attorneys, Court Personnel, Judges, CASA, Behavioral Health, Early Intervention, Adult Probation

WHEN:

Thursday November 6, 2025 8:45AM-3:15PM

WHERE:

Cochise College Student Union – Building 1000
901 Colombo Ave Sierra Vista, AZ

SUPPORTING PARTNERS:



Safe Babies
A Program of ZERO TO THREE



Banner
University Family Care

Click
Here to
Register



Some Pro-Tips for Writing Court Reports

1. **Relax.** I know that the court report is an important tool for our judges, but it's important to be relaxed and ready when you start. If you're feeling stressed, you are already feeling frustrated.
2. **Gather everything you need** before you start writing. If you want to be sure to include something, make sure you have it on a list or in your notes.
3. **Think in simple language.** This is a big one, because you want your report to be easy to read and understand. Don't worry about impressing anyone with big words. Just say what you mean.
4. **One paragraph, one idea.** If you have a list of several things you want to say, each thing should have its own paragraph. This helps cut down on repetition and makes your report look and read like a clean, well-thought-out piece of writing.
5. **Read your report out loud** when you finish or turn it in early for us to review in the office. This is a great way to find repetition or sentences that didn't quite come out how you wanted them!
6. **When in doubt,** remember that your coordinator will also take a look at all court reports to find anything uneven. This isn't because we think anyone is a bad writer—we just want to make sure it says what you want it to say, too.
7. **Keep in mind** that your whole purpose in writing is to help the judge form a very clear picture of the situation our kiddos are in. Less is more here. You want sentences that only say what you need to say and only says it once.
8. **If you have a recommendation that goes with a specific paragraph,** use that recommendation to close the paragraph. That will help the judges because they will see that they can always find a recommendation there. And we know that a well-informed judge = informed, thoughtful decisions for our kids.
9. **Type up your court report in Word first, and then copy and paste it into CASAaz.** CASAaz is glitchy, and it is the worst when you've typed up the whole thing, and then it glitches and you lose it all!
10. Finally, here are some helpful sources for anyone who has to write:
www.dictionary.com and www.thesaurus.com

Last pro-tip: If you get frustrated, get up and walk away! Do some breathing, go for a walk, feed the cat—your report isn't going anywhere!

Okay, this is **really** the last one: Start early! Give yourself plenty of time! Make a plan so you aren't frantically adding things to a completed report.



Services/ Resources

As CASA volunteers, you are the eyes and ears of the case, and are in the best position to see what our kiddos need.

However, nobody can be an expert on all the services and resources available, so the following pages have some flyers for different resources that are out there in the community, but if you ever have a question, don't hesitate to ask! Bring it to the team, and we'll figure out a way to get that kiddo what they need! 😊



To get you started, here is a link to resource guides put together by the Coconino Coalition for Children & Youth for Williams, Flagstaff, Page, and Tuba City:

<https://coconinokids.org/resources/>

Also, if you are working with older children who are also involved in the juvenile justice system, this article walks you through a helpful Crossover Youth Practice Model that aims to reduce out-of-home placement and recidivism in the juvenile justice system:



<https://www.casey.org/crossover-youth-practice-model/>



KINSHIP RESOURCE GUIDE



**For a digital copy of our Kinship Resource Guide,
scan the QR code below.**



We have **FREE** life-saving items in our

Harm Reduction Vending Machine!



**FREE Items
Available!**

- Fentanyl Test Kits
- Xylazine Test Strips
- NARCAN/Naloxone
- Safer Sex Kits
- Firearm Safety Locks
- Multivitamins / Folic Acid

Located in the lobby of the
CCHHS Southern Region Office
(2625 N. King St., Flagstaff).

Access available Monday - Friday
from 8 a.m. - 5 p.m.



Learn more and find other locations at
coconino.az.gov/VendingMachine
Product selection may vary due to availability of supplies.

 **COCONINO**
COUNTY ARIZONA
Health & Human Services



C.A.T'S ON WHEELS

**SUPPORTING OUR COMMUNITY:
FREE OR LOW-COST
OPTIONS**

**SUPPORT
THE CAUSE
DONATE**



SATURDAY'S AT 9:00 AM TO NOON

**555 BLACKBIRD
ROOST, UNIT 10
FLAGSTAFF**

**NEED A BIKE ? BIKE
APPLICATION
NEED A REPAIR ?**



**WWW.CATS-OF-FLAGSTAFF.ORG
BIKES@CATS-OF-FLAGSTAFF.ORG**

**MORE INFO:
928-298-4900**



DENTAL DAYS



Date for Cleanings : October 1-2, 2025

208 E Pine Knoll Drive, Building 66

Date for Fillings & Extractions : October 25, 2025

2920 N. 4th Street

OUR SERVICES

- Cleanings
- Fillings
- Extractions

Patient REGISTRATION
QR Code below

<https://bit.ly/41Ehl7j>



Questions:

roberry@coconino.az.gov
(928) 679-7333

**FREE DENTAL
CARE FOR
UNINSURED
AND
UNDERINSURED**

Please note....

Coconino County Residents Only

Ages 18 and Older

Treatment based on GREATEST need

NOT affiliated with North Country Health Care

Patient Registration is REQUIRED

Services provided by professionals in the community



Cuidando el norte de Arizona

JORNADAS ODONTOLÓGICAS



Fecha de limpieza: 1 y 2 de octubre, 2025

208 E Pine Knoll Drive, Edificio 66

Fecha para empastes y extracciones: 25 de octubre,

2920 N. 4th Street

NUESTROS SERVICIOS

- Limpiezas
- Empastes
- Extracciones

ATENCIÓN DENTAL GRATUITA

REGISTRO de Pacientes utilice

Enlace o Código QR

<https://bit.ly/41Ehl7j>



Preguntas:

alicia@anewdawnaz.org
(480) 285-8368

Tenga en cuenta....

Solo para residentes del condado de Coconino

Mayores de 18 años

Tratamiento basado en MAYOR necesidad

Personas sin seguro o con seguro insuficiente (adultos en AHCCCS)

El registro del paciente es REQUERIDO

Servicios proporcionados por profesionales en su comunidad

FREE MEALS

FOR KIDS AND TEENS 0-18

DINNER

SERVED 12PM-6PM



WEEKEND MEALS

PICK UP
MONDAY THRU FRIDAY
9 AM - 6 PM
SATURDAY
10 AM - 2 PM

BACKPACK FOOD PROGRAMS
OFFER FAMILIES FREE
GROCERIES FOR WEEKENDS.
FOOD BACKPACKS INCLUDE
HEALTHY, EASY-TO-PREPARE
FOOD FOR KID-FRIENDLY
MEALS.





NOW PROVIDING DIAPER ASSISTANCE

Who Qualifies?

- Each pre-newborn to 17-year-old child in a household
- Households whose income is at or below 185% of the Federal Poverty Level (FPL)

What Should I Bring?

- Parent or guardian I.D.
- Child's Birth Certificate **OR** document with **BOTH** parent and child's names
- Income verification (example: paystubs/income statements, AHCCCS, SNAP/EBT, **or** WIC card)

TO SIGN UP, CONTACT YOUR LOCAL COMMUNITY ACTION AGENCY:

2625 N. King Street, Flagstaff, AZ 86004 | (928) 679-7272

467 Vista Ave., Page, AZ, 86040 | (928) 645-9400

coconino.az.gov/SocialServices



Diapers provided by the **Arizona Diaper Bank** in partnership with **Wildfire AZ** made possible by the Diaper Distribution Demonstration & Research Pilot.

CCHHS PERIOD PANTRY

Menstrual Product Bank

The CCHHS Period Pantry helps to make menstrual products accessible to low-income individuals across Coconino County

Who Qualifies? Individuals whose income is at or below 200% of the Federal Poverty Level (FPL).

What Should I Bring?

- Identification
- Income verification

(Example: paystubs/income statements, AHCCCS, SNAP/EBT, or WIC card).

Where?:

2625 N. King Street, Flagstaff
467 Vista Ave., Page
850 W Grant, Williams

For more information:

coconino.az.gov/SocialServices



COCONINO
COUNTY ARIZONA
Health & Human Services

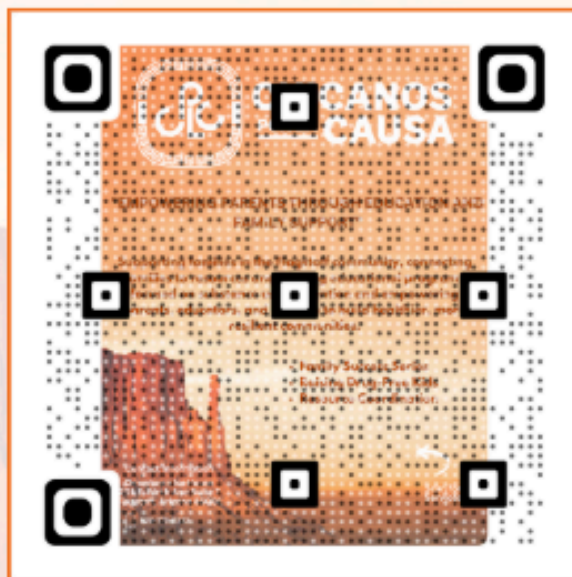
This program is funded by the Bureau of Women's and Children's Health, Arizona Department of Health Services as made available through the U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for State, Tribal, Local and Territorial Public Health Infrastructure and Workforce, Preventive Health and Health Services Block Grant Program. Products available while supplies last and are based on funding availability.



**CHICANOS
POR LA CAUSA**

Looking for **FREE** **Parenting Classes** in your community?

Scan this QR code to unlock CPLC's Newsletter
where you'll find our services, including a calendar
of **FREE** parenting classes happening near you.



(928) 773-9133

**Because every great parent deserves a
little backup.**



ARIZONA
COMMUNITY
FOUNDATION

SUPPORTED BY
FIRST THINGS FIRST



**CHICANOS
POR LA CAUSA**

¿BUSCAS **CLASES GRATUITAS** DE CRIANZA EN TU COMUNIDAD?

Escanea este código QR para acceder al boletín informativo de CPLC, donde encontrarás información sobre nuestros servicios, incluido un calendario de clases GRATUITAS para padres cerca de ti



(928) 773-9133

**Porque todo gran padre merece un
poco de apoyo.**



ARIZONA
COMMUNITY
FOUNDATION

SUPPORTED BY
FIRST THINGS FIRST



**CHICANOS
POR LA
CAUSA**

CPLC Resource Center

“Now Open! The CPLC Resource Center is here for YOU and our community.

Discover a warm, welcoming space where families can find helpful items and caring support.”



What's Available

- Hygiene Items
- Seasonal Clothes for youth
- School Supplies
- Cleaning supplies

First come, first serve

**Walk-In Hours
Monday – Friday
10:00 AM – 12:00 PM**

Want to book a time that works best for you?
"Scan the QR code to schedule your visit with us—
just make sure to book at least 24 hours in advance
so we're ready to welcome you!"

SCAN ME!





**CHICANOS
POR LA CAUSA**

Centro de Recursos de CPLC

“¡Ya abrimos! El Centro de Recursos de CPLC está aquí para TI y nuestra comunidad. Descubre un espacio cálido donde las familias pueden encontrar artículos útiles y apoyo solidario.”



Lo que tenemos para ti

- Productos de higiene personal
- Ropa de temporada para tu pequeño
- Útiles escolares
- Artículos de limpieza

“Lo que tengamos disponible”

**“Horario de atención
sin cita previa
Lunes a Viernes
10:00 AM – 12:00 PM”**

“¿Quieres reservar un horario que se ajuste mejor a ti?”

“Escanea el código QR para programar tu visita con nosotros—solo recuerda hacerlo con al menos 24 horas de anticipación para poder recibirte como se merece.”

Escaneame!



Charlie Health now offers treatment for children ages 8 and older

Charlie Health's virtual Intensive Outpatient Program (IOP) is designed for those who need more than once-weekly therapy—now including children as young as 8 years old. Each child receives a personalized treatment plan that includes group, individual, and family sessions multiple times per week. Our evidence-based programs take an affirming approach to care, creating a safe space for kids to process and heal together.

Conditions We Treat

Anxiety disorders

Depression

Bipolar disorder

Neurodivergence

Eating disorders

Self-harm

Chronic suicidal
ideation

Substance use disorders

PTSD & trauma-related
disorders

Personality disorders

Obsessive-
compulsive disorder

and more

Refer Today



- All-virtual access
- Flexible scheduling, including nights & weekends
- Up to 9-12 treatment hours per week
- We work with most major insurance plans and Medicaid, where accepted



Additional Resources/ Services

Gear Girls – Makenzie Mabery, Gear Girls Coordinator,
makenzie@aztrail.org

- Gear Girls uses mountain biking, trail work, and snow sports to build confidence, outdoor competence, community, and character in young women grades 4-8 throughout Flagstaff, Arizona. Girls learn practical skills in trail building, mountain biking, cross country skiing, and snowshoeing while absorbing lessons in mindfulness, teamwork, and determination that will prepare them for life's bigger challenges. FREE of charge!
- <https://aztrail.org/youth/gear-girls/>

The Literacy Center – Kim Khatibi, Executive Director for The Literacy Center, Director@thinkliteracy.org, 928-556-0313

- We provide services and classes to adults and children focused on all aspects of literacy – ESL, GED, citizenship, reading tutoring, digital, etc. We also have a program that is DOJ Certified to provide Immigration Legal Services (NAILS).
- thinkliteracy.org

Navajo Treatment Center for Children and Families – PO Box 2199, Tuba City, AZ 86045, 928-283-3269

- Provide outpatient services such as individual and family therapy, group therapy, Navajo Traditional & Cultural Education and Services, and intensity therapy; consultation; and prevention and community education.
- <https://nndss.org/navajo-treatment-center/>

Family Support at Healthy Families – Shyanne Tsosie-Hood, stsosie-hood@cfraz.org

- They have a parenting group in Tuba City.

Help us Recruit!

If you love talking about CASA and want to get out there and help us recruit more volunteers, **talk to Kate!**

She is often out in the community with a table, flyers, or some other activity to spread the word about this amazing program!

She would love to have you tag along, since **it's way cooler for prospective CASAs to hear from you** than us boring staff 😊

(We had a great Coffee with a CASA event in September, and have more coming up in October and November!)





Staff Contacts



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CASA Program Coordinator

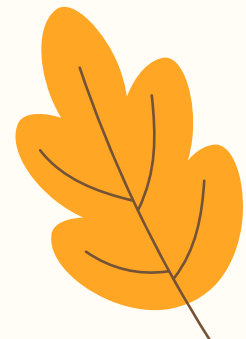
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